

BREAKFAST MENU



OMELETS

CREATE YOUR OWN **\$7.09**

OMELET

3 eggs, monterey jack cheese, cheddar cheese, choice of 2 veggies and 1 protein
650-1490 cal

CREATE YOUR OWN **\$5.99**

OMELET

3 eggs, monterey jack cheese, cheddar cheese, choice of 3 veggies
650-1490 cal

VEGETABLE OPTIONS

onions
tomatoes
peppers
spinach
mushrooms

PROTEIN OPTIONS

diced ham
bacon
sausage

served from 7:00 am-11:00 am

BREAKFAST SPECIAL **\$8.29**

scrambled Eggs with shredded cheese, choice of meat & Hashbrown

SIDES

HASHBROWN PATTY **\$2.89**

110 cal

TOAST **\$1.50**

210-350 cal

EXTRA PROTEIN **\$1.79**

EXTRA VEGETABLE **\$.75**

EXTRA CHEESE **\$.99**

BREAKFAST SANDWICH

BREAKFAST SANDWICH **\$5.39**

egg, american cheese, choice of protein

BREAKFAST BURRITO **\$6.99**

tortilla, 3 eggs, monterey jack & cheddar cheese, choice of 1 protein

NON-GLUTEN

BREAD **\$1.99**

110 cal

BUN **\$2.79**

110 cal

MUFFIN **\$3.00**

110 cal

COOKIE **\$2.59**

110 cal